# Findings At-a-Glance: 2016 Ridgewood Needs Assessment of Older Adults

In 2015-2016, the Ridgewood Community Center Advisory Board conducted a survey to learn about the assets and needs of older adults, aged 55 years and older who live in Ridgewood, NJ. More than 700 older adults in Ridgewood participated and shared their opinions. The information below provides a brief summary of some of the findings from this survey.

## HEALTH AND MEDICAL SERVICES

#### ASSETS

- Availability of quality medical services
- Close proximity to doctors and medical services
- Ability to live independently

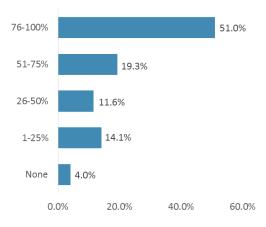
#### NEEDS

- Medical providers that accept Medicaid
- Availability of information about Medicaid

### **5 KEY FACTS**

- **97.3%** Do not require assistance with daily activities
- 90.9% Do not have difficulties shopping for meals
- 57.5% Report doing 30 minutes of physical activity at least 5 days a week
- 57.2% Do not know if Ridgewood offers enough exercise programs
- **51.0%** Have 76-100% of their medical providers in Ridgewood or contiguous towns.

Percentage of respondents' medical providers located in Ridgewood or contiguous towns

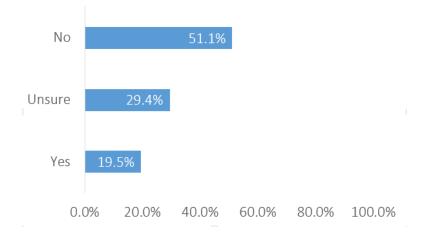




This needs assessment was developed and administered by the Ridgewood Community Center Advisory Board, with additional support from the Henry and Marilyn Taub Foundation. The Center for Research and Evaluation on Education and Human Services (CREEHS) at Montclair State University analyzed the results from the survey and developed this at-a-glance summary of the findings.

## HEALTH AND MEDICAL SERVICES ADDITIONAL FACTS AND FIGURES

Percentage of respondents likely to use the Community Center for exercise programs if they were offered in the evening



Percentage of agreement to the statement: I have no difficulties preparing my meals

