

Findings At-a-Glance: 2016 Ridgewood Needs Assessment of Older Adults

In 2015-2016, the Ridgewood Community Center Advisory Board conducted a survey to learn about the assets and needs of older adults, aged 55 years and older who live in Ridgewood, NJ. More than 700 older adults in Ridgewood participated and shared their opinions. The information below provides a brief summary of some of the findings from this survey.

HEALTH AND MEDICAL SERVICES

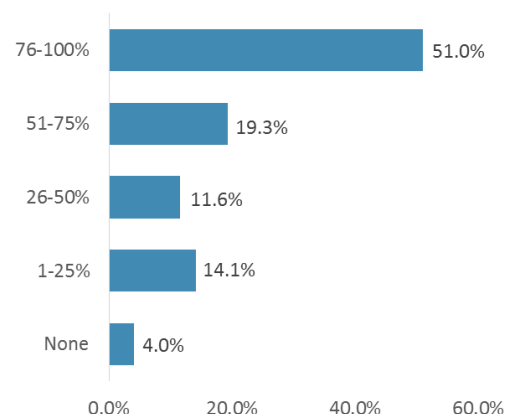
ASSETS

- Availability of quality medical services
- Close proximity to doctors and medical services
- Ability to live independently

NEEDS

- Medical providers that accept Medicaid
- Availability of information about Medicaid

Percentage of respondents' medical providers located in Ridgewood or contiguous towns



5 KEY FACTS

97.3% Do not require assistance with daily activities

90.9% Do not have difficulties shopping for meals

57.5% Report doing 30 minutes of physical activity at least 5 days a week

57.2% Do not know if Ridgewood offers enough exercise programs

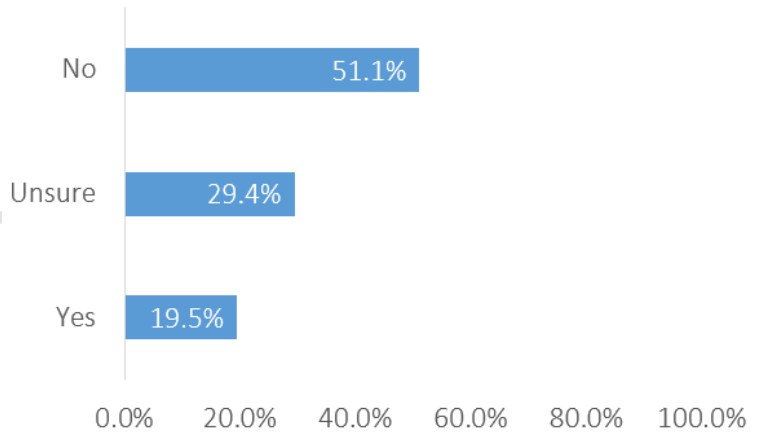
51.0% Have 76-100% of their medical providers in Ridgewood or contiguous towns.



HEALTH AND MEDICAL SERVICES

ADDITIONAL FACTS AND FIGURES

Percentage of respondents likely to use the Community Center for exercise programs if they were offered in the evening



Percentage of agreement to the statement: I have no difficulties preparing my meals

